

## Michael Adam Bernstein, MD

### Pulmonary/Critical Care expert

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#### **EDUCATION**

5/2003 **Duke University School of Medicine**, Durham, NC  
Doctor of Medicine

5/1999 **Duke University**, Durham, NC  
BA, *Magna Cum Laude*  
Major: History with Honors  
Minor: Chemistry

#### **POSTDOCTORAL TRAINING**

7/2007-6/2010 **Fellowship, Pulmonary, Critical Care & Sleep Medicine, The Mount Sinai Medical Center**, New York, NY.  
The Mount Sinai Hospital, Elmhurst Hospital Center, Queens Hospital Center  
*Administrative Fellow, 7/2009-6/2010*

7/2004-6/2007 **Residency, Internal Medicine and Pediatrics, The Mount Sinai Medical Center**, New York, NY  
The Mount Sinai Hospital, Elmhurst Hospital Center, James J. Peters Veterans Administration Hospital  
*Chief Resident, 7/2006-6/3007*

7/2003-6/2004 **Internship, Internal Medicine and Pediatrics, The Mount Sinai Medical Center**, New York, NY  
The Mount Sinai Hospital, Elmhurst Hospital Center, James J. Peters Veterans Administration Hospital

#### **ACADEMIC APPOINTMENT**

2010-Present **Columbia University College of Physicians and Surgeons**  
Assistant Clinical Professor of Medicine in Stamford

#### **EMPLOYMENT**

7/2010-Present **Pulmonary Associates of Stamford**  
190 West Broad Street Stamford, CT  
Attending Physician, Stamford Hospital, Stamford, CT

#### **HOSPITAL APPOINTMENTS:**

7/2010- Present **Associate Director, Critical Care Unit**  
7/2011-Present **Director, Bronchoscopy and Interventional Pulmonary**  
3/2014-Present **Co-Clinical Director, Lung Cancer Screening Program**  
The Stamford Hospital

Stamford, CT 06902

## **HOSPITAL AND UNIVERSITY COMMITTEES**

2012-Present	Chair, Pharmacy and Therapeutics Committee, Stamford Hospital, Stamford, CT
2011-Present	Pharmacy and Therapeutics Committee, Stamford Hospital, Stamford, CT
2010- Present	Excellence in Graduate Medical Education, Department of Medicine, Stamford Hospital, Stamford , CT
2010-Present	Lung Cancer Committee, Stamford Hospital, Stamford, CT
2012-Present	Palliative Care Committee, Stamford Hospital, Stamford, CT
2007-2010	Residency Selection Committee, Combined Medicine/Pediatrics Residency Committee, The Mount Sinai Hospital, New York, NY

## **TEACHING EXPERIENCE**

7/2010-	<b>Group Preceptor, Third Year Medical Student Internal Medicine Rotation: Stamford Hospital</b> , Columbia University College of Physicians and Surgeons, Stamford, CT
7/2007-7/2010	<b>Small Group Leader, <i>Pulmonary Pathophysiology Course</i></b> , The Mount Sinai School of Medicine, New York, NY.
7/2007-7/2010	<b>Lecturer and Preceptor, <i>First Year Medical Student Bench to Bedside Course: Pulmonary Medicine</i></b> , The Mount Sinai School of Medicine, New York, NY
7/2006-7/2007	<b>Preceptor, <i>Art and Science of Medicine (ASM) Course</i></b> , The Mount Sinai School of Medicine, New York, NY

## **HONORS, AWARDS, AND SCHOLARSHIPS**

### **Stamford Hospital/Columbia College of Physicians and Surgeons**

2012-2013	Specialist of the Year, Dept of Medicine
2011-2012	Teacher of the Year, American Academy of Family Practice, Dept of Family Medicine
2010-2011	Rookie Attending of the Year, Dept. of Medicine
2010-2011	Teaching Award, American Academy of Family Practice, Dept. of Family Medicine

### **The Mount Sinai School of Medicine/The Mount Sinai Hospital**

2010	American Thoracic Society, Travel Award—Pulmonary Rehabilitation Research
2010	Fellow of the Year Teaching Award—Department of Medicine
2009	Physician of the Year—Fellow, Department of Nursing
2007	Outstanding Resident Clinician/Teacher, Department of Pediatrics
2006	Alpha Omega Alpha
2005	Arnold P. Gold Foundation Humanism and Excellence in Teaching Award
2004	House Staff Excellence in Teaching Award, The Mount Sinai School of Medicine Student Council

### **Duke University School of Medicine**

2002-2003	Wellsford and Mildred Clark Medical Memorial Scholarship
2002-2003	William G. Anlyan Senior Scholarship
2002	Wilbur Davison Scholarship for International Study <i>Visiting Student, Royal Infirmary of Edinburgh, Edinburgh, Scotland, UK</i>
2000-2002	J. Robert Teabeault Scholarship

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## **Duke University**

2000 Phi Beta Kappa  
1999 Graduation with Distinction--Department of History  
Thesis: *A Puzzle Solved? The Historical Development of Attention Deficit Disorder*  
1995-1999 Dean's List with Distinction--1995-1999  
1995-1999 Kenneth Peterson Memorial Scholarship, 1995-1999  
1995-1996 Rotary Club, Fairfield, CT, Senior Scholarship

## **LICENSURE AND CERTIFICATION**

2010-Present Connecticut State Medical License  
2004-Present New York State License in Medicine and Surgery  
2009 New Hampshire State Summer Camp Medical License  
2009-Present DEA Practitioner's License  
2010-Present Connecticut Controlled Substance Registration  
2011-2021 Board Certified, American Board of Internal Medicine, Hospice and Palliative Care Med  
2010-2020 Board Certified, American Board of Internal Medicine, Critical Care Medicine  
2009-2019 Board Certified, American Board of Internal Medicine, Pulmonary Medicine  
2007-2017 Diplomate, American Board of Internal Medicine  
2007-2017 Diplomate, American Board of Pediatrics  
2003-Present Basic Life Support, Advance Cardiac Life Support (ACLS), Pediatric Advanced Life Support (PALS), Neonatal Advanced Life Support (NALS)

## **RESEARCH EXPERIENCE**

2010-Present **Sub Investigator, Boehringer Ingelheim, Stamford, CT site** "A 52 week, double-blind, randomized, placebo- controlled trial evaluating the effect of oral BIBF 1120, 150 mg BID on annual FVC decline in patients with IPF."  
  
**Sub Investigator, Boehringer Ingelheim, Stamford, CT site** "A randomized, double-blind, parallel group study to assess the efficacy and safety of 52 weeks of once daily treatment of orally inhaled tiotropium + olodaterol fixed dose combination delivered by Respimat Inhaler compared with the individual components in patients with COPD."  
  
**Sub Investigator, Forest Pharmaceuticals, Inc, Stamford, CT site** "A long term, randomized, study of the safety and tolerability of a fixed-dose combination of aclidinium bromide/formoterol fumarate compared with formoterol fumarate in patients with moderate to severe COPD."  
  
2009-2010 **Research Fellow, Division of Pulmonary Critical Care, and Sleep Medicine** The Mount Sinai Medical Center, New York, NY  
Principal Investigator: E. Neil Schachter, MD  
*Led project on outcomes of pulmonary rehabilitation in the elderly; participated as team member in multicenter CAPAS Study (Children's Air Pollution and Asthma Stud)*  
  
2001-2002 **Medical Student, Division of Cardiology** Duke University Medical Center, Durham, NC  
Principal Investigator: Augustus O. Grant, M.D., Ph. D.  
*Investigated the molecular biology of sodium channel defects and their relationship with Long-QT syndrome and Brugada syndrome*  
  
1996-2000 **Research Assistant, Division of Pulmonary and Critical Care Medicine** Duke University Medical Center, Durham, NC

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Principal Investigator: Peter S. Kussin, MD  
*Investigated clinical outcomes of mechanical ventilation in adult Cystic Fibrosis patients*

1997 **Summer Research Assistant, Division of Rheumatology/Immunology, Robert Bent Brigham Multipurpose Arthritis and Musculoskeletal Disease Center, Brigham and Women's Hospital/Harvard School of Public Health, Boston, MA**  
Principal Investigator: Matthew Liang, MD, MPH  
*Research assistant for study on education and prevention of Lyme Disease for visitors to Nantucket Island*

### **PUBLICATIONS/PRESENTATIONS:**

Hameed S, Rizzo V, **Bernstein MA**, Rahman HM. A Rare Case of HIV-Negative And HHV-8-Negative Multicentric Castleman's Disease. Presented to the American College of Chest Physicians International Conference, Vancouver, BC, Canada, November 2010

**Bernstein MA**, Binns-Lindsey A, Vargas J, Schachter EN. Pulmonary Rehabilitation in Patients over the age of 80. Presented to the American Thoracic Society International Conference, New Orleans, LA, May 2010

**Bernstein MA**, Gay EB, Harkin TJ. Alone on the Edge: Actinomycosis with Pleural Effusion as the Predominant Radiographic Finding. *Chest* 2009; 136(suppl): 62S-c

**Bernstein M**, Grunin A, Albit V, Luder E, Ting A, Dua S. Genetic and Clinical Characteristics of New York Hispanics with Cystic Fibrosis. Presented to the American Thoracic Society International Conference, San Diego, CA, May 2009

Hammond B, Beam P, Raphan G, Wapinski Y, Klein M, Kennedy M, **Bernstein M**, Koestler, J, Schimming L, Korenstein D. Sharing Educational Resources Across Graduate Medical Education: Practical Evidence Based Medicine Skills. Presented to Institute for Medical Education, Mount Sinai Medical Center, New York, NY, October 2007

**Bernstein MA**, Neplioueva V, and Grant AO. Multifunctional mutations in the  $\alpha$ -Helix of the III/IV interdomain linker in the SCN5A causing Long QT and Brugada Syndromes. Presented to Duke University AOA Research Symposium, Durham, NC, June 2002

**Bernstein MA**, Altman E, and Kussin PS. Outcomes of Mechanical Ventilation in Adult Cystic Fibrosis Patients: 10 Year Retrospective Study. Presented to the American Thoracic Society International Conference, San Francisco, CA, May 2001.

### **PROFESSIONAL AFFILIATIONS**

2007-Present American Thoracic Society  
2007-Present American College of Chest Physicians  
2007-Present Society of Critical Care Medicine  
2003-Present American Academy of Pediatrics